

A true ALL AGE carnival for  
OPEN, JUNIORS & MASTERS  
+ an inclusive events program

## Cronulla SLSC 12th Short Course Carnival

Saturday 8 Nov 2025  
Entries via Live Heats

WIN AN INFRONT  
FOAM NIPPER  
BOARD!



**PULSE**

**cronullarsl**  
FRIENDS BY THE BEACH

**e Endeavour Fleet**

**southern cross protection**  
Security for People, Business and Communities

**xemplo**

**LETIZZA**  
PIZZA BASES

**JOHN MARK DOORS**

**ive**

**Lloyds.**

**infront**  
SURF CRAFT



**Featuring–**

**Shark Island Ski Race**

**1km and 2km Beach**

**Runs Ironman and**

**Ironwoman**

**6 Person Mixed Taplin Relay**

**Inclusive Competitor Events**

**More than \$2000 in Cash and Prizes**

**Proudly Sponsored by**



## Program of Events Morning

### Program –

### 2km Beach Runs and Relays

6.15am	<b>Marshall at North Cronulla SLSC (all Beach Runs will be conducted at North Cronulla) Beach Run Officials Required 6:20am North Cronulla – Briefing</b>
<b>6.30am Beach Run and Beach Relay Start</b>	All Age Male and Female “Inclusive competitors” 1km Beach Runs* <U12 & Over 13 age groups U10 Male and Female 500m Beach Run U11 Male and Female 1km Beach Run U12 Male and Female 1km Beach Run U13 Male and Female 1km Beach Run U14 Male and Female 2km Beach Run U15 Male and Female 2km Beach Run U17 Male and Female 2km Beach Run U19 Male and Female 2km Beach Run Open Male and Female 2km Beach Run O40 Male and Female 2km Beach Run U10 Mixed 2 x 500m Beach Run Relay U11 Mixed 2x 1km Beach Run Relay U12/U13 Mixed 2x1km Beach Run Relay U14/U15 Mixed 2x1km Beach Run Relay U/17 Mixed 2x1km Beach Run Relay Open Male and Female 2x1km Beach Run Relay

### U8 + Inclusive Competitors

Time	Boy's Water Area	Girl's Water Area	U8 Beach Areas Start at 7:15am
6.45am	<b>Officials, Team Manager and Safety Briefings</b>		
<b>8.00 am Water &amp; U8 Program &amp; Inclusive</b>	U9 Surf Race U10 Surf Race U11 Surf Race U12 Surf Race U13 Surf Race  Male and Female Jnr age group “Inclusive competitors” Wade, Surf and Board Races. Snr age group Over 13 “Inclusive competitors” Wade, Surf and Board Races	U9 Surf Race U10 Surf Race U11 Surf Race U12 Surf Race U13 Surf Race	U8 Male Beach Sprint U8 Female Beach Sprint U8 Mixed Beach Relay U8 Male Beach Flags U8 Female Beach Flags  All Age Male and Female Jnr <12 age group & Snr Over 13 age group “Inclusive competitors” Beach Sprints and Flags  U8 Male Wade U8 Female Wade U8 Mixed Wade Relay



## U9 – U13 Events

Time	Boy's Water Area	Girl's Water Area	Beach Sprint Areas Approx. 9am
Approx.9.00am U9–U13 Beach Program Start	U9 Board Race U10 Board Race U11 Board Race U12 Board Race U13 Board Race	U9 Board Race U10 Board Race U11 Board Race U12 Board Race U13 Board Race	U9 Male Beach Sprint U9 Female Beach Sprint U9 Mixed Beach Relay U10 Male Beach Sprint U10 Female Beach Sprint U10 Mixed Beach Relay U11 Male Beach Sprint U11 Female Beach Sprint U11 Mixed Beach Relay U12 Male Beach Sprint U12 Female Beach Sprint U12 Mixed Beach Relay U13 Male Beach Sprint U13 Female Beach Sprint U13 Mixed Beach Relay
	U11 Ironman U12 Ironman U13 Ironman	U11 Iron person U12 Ironperson U13 Ironperson	<b>Beach Flag Areas Approx. 9am</b>
	U9 Board Relay U10 Board Relay U11 Board Relay U12 Board Relay U13 Board Relay	U9 Board Relay U10 Board Relay U11 Board Relay U12 Board Relay U13 Board Relay	U13 Male Beach Flags U13 Female Beach Flags U12 Male Beach Flags U12 Female Beach Flags U11 Male Beach Flags U11 Female Beach Flags U10 Male Beach Flags U10 Female Beach Flags U9 Male Beach Flags U9 Female Beach Flags
12.30pm	<b>Finish Junior Competition</b>		

## Afternoon Program – U14 – O40 Events



Time	Men's Water Area	Women's Water Area	Beach Area
12.45pm	<b>2 km Shark Island Ski Race – Male and Female Open^, U/19^ U/17^ &amp; O40^</b>		
1.00pm	U14 Board Relay U15 Board Relay U17 Board Relay U19 Board Relay Open Board Relay	U14 Board Relay U15 Board Relay U17 Board Relay U19 Board Relay Open Board Relay	Beach start at 1:00pm
	U14 Ironman* U15 Ironman* U17 Ironman* U19 Ironman* <b>Open</b> <b>Ironman*</b> O40 Ironman*	U14 Ironwoman* U15 Ironwoman* U17 Ironwoman* U19 Ironwoman* <b>Open Ironwoman*</b> O40 Ironwoman*	<b>Beach Sprints:</b> O40 Male O40 Female Open Male Open Female U/17 Male U/17 Female U/15 Male U/15 Female U/14 Male U/14 Female
Time	Men's Water Area	Women's Water Area	Beach Area
	U17 Ski Relay Open Ski Relay	U17 Ski Relay Open Ski Relay	<b>Beach Relays:</b> Open Male Open Female Open Mixed U17 Mixed U15 Mixed U14 Mixed
	U14 Surf Race U15 Surf Race U17/19/Open Surf Race O40 Surf Race	U14 Surf Race U15 Surf Race U17/19/Open Surf Race O40 Surf Race	
	U14 Board Race U15 Board Race U17 Board Race U19 Board Race Open Board Race O40 Board Race	U14 Board Race U15 Board Race U17 Board Race U19 Board Race Open Board Race O40 Board Race	<b>Beach Flags:</b> U14 Male U14 Female U15 Male U15 Female U17 Male U17 Female Open Male Open Female
	U17 Ski Race U19 Ski Race Open Ski Race O40 Ski Race	U17 Ski Race U19 Ski Race Open Ski Race O40 Ski Race	
	<b>Open Mixed 6 Person Taplin Relay *</b>		
3:30pm	<b>Approximate Finish Time</b>		



A Trophy for the Overall Club Point Score for all events conducted on the day. Cash Prizes of \$500 for 1<sup>st</sup>, \$300 for second and \$200 for 3<sup>rd</sup>. In the event of a dead heat in the point score the relevant cash prizes will be shared.

- \$100 cash prize plus prize pack to the fastest male and female competitor in the Shark Island Ski Race. Prizes to be awarded to other winners marked with ^.
- \$100 cash prize to the winner of the Open 2km Male and Female 2km Beach Run Events.
- \$600 cash prize to the winner of the Open Mixed 6 Person Taplin Relay.
- Towels awarded to the winning individuals/teams of events marked with an asterisk (\*).
- Medals to be awarded to the top place getters in U8 - U13 age division.
- All "Inclusive Competitors" will receive a participation medal.
- Lucky door Towel Prize draws (minimum one per age group and gender) for all ages (i.e. U8 – O40 & Inclusive)

### **Supplementary Rules and Notes:**

- Competition shall be conducted as per the current edition of SLSA Surf Sports Manual except where detailed.
- The order of events may alter to assist with the smooth conduct of the Carnival.
- All competitors must have their age group clearly marked on their upper left arm.
- Marshalling for the Beach Runs close at 6.15 am at North Cronulla.
- Marshalling for the first U8 and Inclusive events at 7.00am at Cronulla.
- Marshalling for the first water events U9-13 events held at Cronulla commence at 7:45am.
- Marshalling for the first beach events U9-U13 events held at Cronulla commence from 8:45am.
- Marshalling closes for the Shark Island Ski Race at 12.30pm.
- Marshalling all U14 to O40 short course events commence at 12.45pm.
- All U15, Open & O40 age individual and team events will be conducted around the buoy courses set for the individual legs of Ironman/Ironwoman events.
- The U8 – U13 will be conducted around shortened courses includes ironman and Iron person.
- The Club point score shall be 6 points for 1<sup>st</sup> through to 1 point for 6<sup>th</sup> for all U8-O40 events conducted on the day. Dead heat will share the allotted placing points, i.e. equal first both score 6 points and third scores 5 points.
- All events will be conducted in block (i.e. heats (where required) and finals immediately following).
- Competitors (including U13s and U14s) are not permitted to compete out of their own age group in individual events except for the Shark Island Ski Race and the Open Ironman, Ironwoman and Mixed 6 Person Taplin Relay races.
- A maximum of three teams per club in team events is permitted arms clearly marked appropriately.
- Team events except for Beach Relays shall be conducted as follows: U8s, U9, U10, U11, U12, U13, U14, U15, U17 and Opens (for U19s and/or Opens). Max three (3) teams per club, arms clearly marked.
- **NO EVENTS WILL BE HELD UP WAITING FOR COMPETTIORS FROM OTHER AREAS.**
- All Inclusive events will have two age groups <U12 Jnr & Over 13 Snr.
- Where possible age groups may be joined together in other individual events to assist competition conduct. When this occurs, individual results will be recorded for each age group.



- The Mixed Beach Relays shall consist of two males and two females who are free to choose their order of running. There is a limit of three teams per club per event. **ARMS CLEARLY MARKED.**
- Open Mixed 6 Person Taplin Relay Team shall consist of three males and three females who are free to select which leg (swim, board, and ski in that order) to complete.
- No Composite teams will be permitted in any relay teams unless specified.
- The “Inclusive” events shall be participation only events. Clubs will also be required to provide one-to-one (1:1) SLS qualified water safety for the Surf and Wade Races.
- Clubs will be required to provide water safety for the U8 to U13 events based on one water safety for every 8 competitors. A leader from each club is to be nominated prior to the commencement of competition. Name and contact details provided to Cronulla carnival water safety organiser at least one week prior to carnival through <https://form.jotform.com/242882256116054>
- Clubs will be required to provide officials to assist in facilitating the event. An EOI form will be circulated for officials to complete.
- There is a 12.30pm cut off for the conduct of U8-U13 events and 3:30pm cut off for U14-Open events. Should time not permit some events may not be conducted at the discretion of the Referee in consultation with the Carnival Committee.

## Entries:

- Submit entries online using the new “Live Heats” carnival system - <https://www.liveheats.com/events/428948>
- LATE ENTRIES will be permitted with an additional Late fee
- **“LIVE HEATS wristbands” will be used for marshalling and results for all U8-U40 competitors.**
- **Replacement and new wristbands will be available on the day of the carnival to purchase.**
- **Payment per wristband is \$11.00 each – Payment must be made on the day via credit card machine only.**
- **Inclusive competitors will be required to wear a LIVE HEAT WRISTBAND for this carnival.**
- Branch enquiries - 9019 0722 or email [admin@surflifesavingsydney.com.au](mailto:admin@surflifesavingsydney.com.au)
- Entries close at Sydney Branch at 10pm, Monday 3<sup>rd</sup> November 2025.
- Entry fee of \$38 per competitor payable via LIVE HEATS CARNIVAL PROCESS. This price includes Live Heat applicable fee. Under 8 competitors’ fee is \$25.00.
- No entry fee will be charged for Inclusive Competitors, but they must be entered into LIVE HEATS CARNIVAL SYSTEM.
- **Cronulla SLSC must receive payments of entry fees on or before the day of the Carnival for a Club or competitor to be eligible to compete.**

## Parking

- There is no council paid parking in Cronulla Central and available parking is limited.
- Arrangements have been made with Council to permit parking gear trailers only in Cronulla Park. You will be required to remove cars from the trailers. Please follow and respect the directions of the Cronulla SLSC volunteers.

## Further Information:

Please Contact Cronulla SLSC Office: 9523 5300 or email [admin@cronullasurfclub.com](mailto:admin@cronullasurfclub.com)

