

OHANA
OCEAN ATHLETICS



PRESENTS

u9 - u19

**NORTH
CRONULLA'S**
**AUSTRALIA
DAY**
IRON PERSON CLASSIC

Since 1994

North Cronulla Beach

MONDAY 26th JAN 2026



u9 & u10

**200m Swim
100m Run
300m Board
200m Run**

u11 & u12

**300m Swim
100m Run
420m Board
200m Run**

u13 to u15

**450m Swim
100m Run
650m Board
200m Run**

Events commence at 8:00am

\$10,000+ in Ohana Prize Packs for top 5 finishers in u9-u15 finals

\$1,800 in eftpos gift card Prizes for Infront u19 SuperIron Race

Infront Nipper Board Lucky Draw Prize

**ENTRIES: \$30 per U9-U10 Competitor
\$35 per U11-U19 Competitor**



Entries close via Liveheats 11pm, Friday 23 Jan 2026

• Entries to be submitted online via Liveheats:
liveheats.com/events/450673

• No late entries or entries on the day. Contact your Surf Sports Director for entry instructions. Each club manages its own nomination and entry process.



NCSLSC
NIPPERS

infront
SURFCRAFT

u19 SuperIron

**450m Swim
100m Run
650m Board
800m Ski
200m Run**



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MONDAY 26th JAN 2026

U9 - U19 Competition Details and Rules

Entry Information

- Entries must be submitted via Liveheats: liveheats.com/events/450673
- The deadline for entries is 11:00 PM, Friday, January 23, 2026.
- For club-related enquiries, contact: admin@ncslsc.com.au or dlawson@ncslsc.com.au
- For Sydney Branch enquiries, contact: cwoodside@sls.sydney

Rules and Conditions

- All competitors must be financial members of a Surf Life Saving Australia (SLSA) Club and currently proficient.
- Club caps and high-visibility pink rash vests are mandatory for competitors.
- Handlers are also required to wear a club cap and high-visibility vest.
- The order of events may change at the discretion of the Carnival Committee and Carnival Referee on the day of the event. The Carnival Committee reserves the right to cancel events if necessary.
- The Water Safety Captain and Officials may withdraw competitors if their health or safety is deemed at risk, and their decisions are final.
- No outside assistance is permitted during the event.
- The judge's decision is final and binding for all races.
- All competitor craft must comply with SLSA craft specifications.
- U9–U15 competitors may only compete in their own age group and are not allowed to participate in individual races outside their division.
- U17 and U19 competitors will race together in the U19 division
- All payments for entries are nonrefundable.
- Clubs must provide water safety in accordance with current ratios and club entries. North Cronulla SLSC will inform clubs of water safety requirements.
- Entries must be made through Liveheats.
- By participating, competitors acknowledge consent for photographs to be taken for promotional and historical purposes, as outlined in the SLSA Application for Membership form and declaration.

Prizes

- Ohana Prize Packs will be awarded to the top 5 finishers in each male and female U9–U15 division.
- For U19 Division Male and Female races, 1st, 2nd, and 3rd place winners will receive \$500, \$300, and \$100 gift cards, respectively.
- Lucky Draw Prizes will be drawn during presentations. All event participants are eligible for the draw but must be present to claim a prize. If a competitor is not present when their name is drawn, the draw will continue until the prize is claimed by a winner that is present.



NC SLSC
NIPPERS

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