



CIRCULAR

| SUBJECT | ISSUE DATE | NUMBER |
|--|----------------|----------|
| 2025 Interbranch Team Selection & Nomination Information | 19 August 2025 | 08/25-26 |

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| To | Clubs, Presidents, Secretaries, Surf Sports Directors & Junior Development Directors |
| From | Director Surf Sports |
| CC | SLSS President, SSC, and Y&JDC |

Surf Life Saving Sydney invites **ALL** competitors in **U12 to U17** Age Groups for the **2025/2026 Season** to nominate for selection in the Sydney Branch Team to compete at the **2025 NSW Interbranch Championships** to be held at Avoca SLSC on **Saturday 29 November and Sunday 30 November 2025**.

General Information:

Being selected for this team is a significant privilege, as it comprises the top athletes from Surf Life Saving Sydney Branch. The Sydney Branch Team achieved the title of NSW Interbranch Champions in both 2022, 2023 and 2024. Competing alongside fellow athletes from the Sydney Branch offers a valuable experience for all participants. When submitting nominations, it is crucial to confirm your availability for both days of the carnival, which includes travel and shared accommodation with the team.

Selection will be based on performance in events such as Iron Person, Swim, Board & Ski (Ski U17 ONLY), Beach Flags, Beach Sprints & Relays, and Beach Run & Relays.

The 2025 Interbranch Team (40) will consist of the following:

- U12, U13, U14, U15 and U17 Age Groups
- U12, U13, U14, U15 and U17: Maximum of four (4) females and four (4) males per age group

Our Branch Partners and Sponsors





For the 2025 NSW Interbranch Championships, the following rules will apply for ALL competitors:

- Any competitor is permitted to complete up one (1) age division' from their nominated age division although they can only compete in a single age division not both.
- U15's are permitted to 'compete up one age division' providing they have attained their **Bronze Medallion** as per Section 2.3.7 of the [SLSA Surf Sports Manual, 37th Edition](#), revised July 2025. NO U15's will be eligible to compete in the ski event.

Please note: a U15 competitor may only undertake the swim or board leg of the U17 Taplin Relay.

Event compositions will be as follows:

Single Gender Events

- Surf Race - Two (2) competitors per age group
- Board Race - Two (2) competitors per age group
- Iron Person – Two (2) competitors per age group
- U17s Ski – Two (2) competitors per age group
- Cameron Relay – Three (3) person relay, one (1) runner. One (1) team per age per branch
- Sprint – Two (2) competitors per age group
- Beach Run – One (1) competitor per age group
- Flags – One (1) competitor per age group
- Board Rescue – Two (2) competitors per team, one (1) team per branch.
- All Age Board Relay – One (1) competitor per age group per branch.
- All Age Beach Relay – One (1) competitor per age group per branch.

Mixed Gender Events

- Mixed 6 Person Taplin – Two (2) Swim, two (2) Board, two (2) Ski, male & female in each leg.
- Mixed Board Relay- Two (2) person relay, one (1) male & one (1) female. One (1) team Mixed
- Ski Relay – Two (2) person relay, one (1) male & one (1) female. One (1) team per branch.
- Mixed Beach Relay sprint – Four (4) person relay, two (2) male & two (2) female. One (1) team per age group per branch.
- Mixed Beach Relay – Two (2) x 500m (U12) & two (2) x 1km (U13-U17), two (2) person relay, one (1) male & one (1) female. One (1) team per age group per branch.

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To be considered for selection of all competitors:

1. Must be a Financial Member with Competition Rights at a Sydney Branch Surf Life Saving Club
2. All entrants must meet SLSNSW award, patrol, and proficiency requirements as per the 2024/25 proficiency competition requirements and any other subsequent bulletins issued. U17 competitors are required to hold a Bronze Medallion (BM) to be able to compete in the U17 ski competition and have completed their proficiency for the 23/24 season.

All competitors are advised to read the following:

[SLSS Selection Policy](#)

[SLSS Athlete Agreement](#)

These can also be found on our website [Sydney Branch Team](#)

Selectors will be making selections as per the Interbranch event compositions above and using the following carnivals results to gauge the **current level of skill and physical fitness of the competitors.**

It is encouraged that competitors attend the following carnivals:

| Carnival | Location | Date | Which athletes |
|-----------|----------|-----------------|--|
| Wanda One | Wanda | 25 October 2025 | U12 – U17 All Competitors Beach/Water |
| Cronulla | Cronulla | 8 November 2025 | U12 – U17 All Competitors Beach/Water |

At the discretion of the Selectors - results of past events listed below, may also be considered:

1. 2025 Sydney Branch Championships (Age and Open)
2. 2025 SLS NSW State Championships (Age and Open)
3. 2025 SLS Australian Championships (Youth and Open)

To be considered for selection all competitors must NOMINATE via this link and fill in the online nomination by 10 October 2025:

[Interbranch 2025 Team Nomination Form](#)

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Team Announcement:

The Sydney Branch Team will be announced on the Surf Life Saving Sydney website and Facebook page no later than Monday 10 November 2025

Team Training:

Upon selection all successful athletes will be advised of team training dates and times by Team Managers. It is expected that all selected athletes will make all efforts to attend the nominated training sessions.

Cost:

Upon selection each athlete will be required to pay a levy of \$525.00 + GST. This levy covers accommodation, transport, food & beverage, team uniform etc. and will be invoiced to your Club and must be paid to Surf Life Saving Sydney by 22 November 2025. Team Management reserves the right to remove a competitor from the team in the event the levy is not paid.

Further Information:

Upon selection all successful athletes will receive a more detailed information package, however if you require further information, please do not hesitate to contact

Team Manager Donna Hargreaves

Mobile: 0403 335 625 or

Email: surfsportssecretary@surflifesavingsydney.com.au

Finally, we wish all competitors all the best in their endeavours for this selection.

End of Circular
