



AUGUST 2025

PRE-SEASON BRIEFING EDUCATION



AGENDA

1. Welcome
2. Meet the SLS Sydney Education Committee 2025/26
3. Safety Overview
4. Information
5. Q&A on pre-learning and changes Education Season 2025/26
6. Changes – IRB, RWC, SMPC, ART, PFA
7. Changes to Lifesaving CPR
8. Emergency Care Assessments
 - *CPR HLTAID009 Assessment*
 - *Advanced Resuscitation HLTAID015*
8. Submission of TAF Renewal Forms



Meet the SLSS Education Committee 2025-26

Meet monthly and invite CTOs to attend (except on the 3 occasions per season when Education Committee and Lifesaving & Rescue Services meet together)



Director Education David Kowald director_education@sls.sydney



Manager Education Phil Carter educationmanager@sls.sydney

Area Education Coordinators



Marissa Saunders
Waverley Area Coord
waverleyeducation@sls.sydney



Nicole Cooney
Randwick Area Coord
randwickeducation@sls.sydney



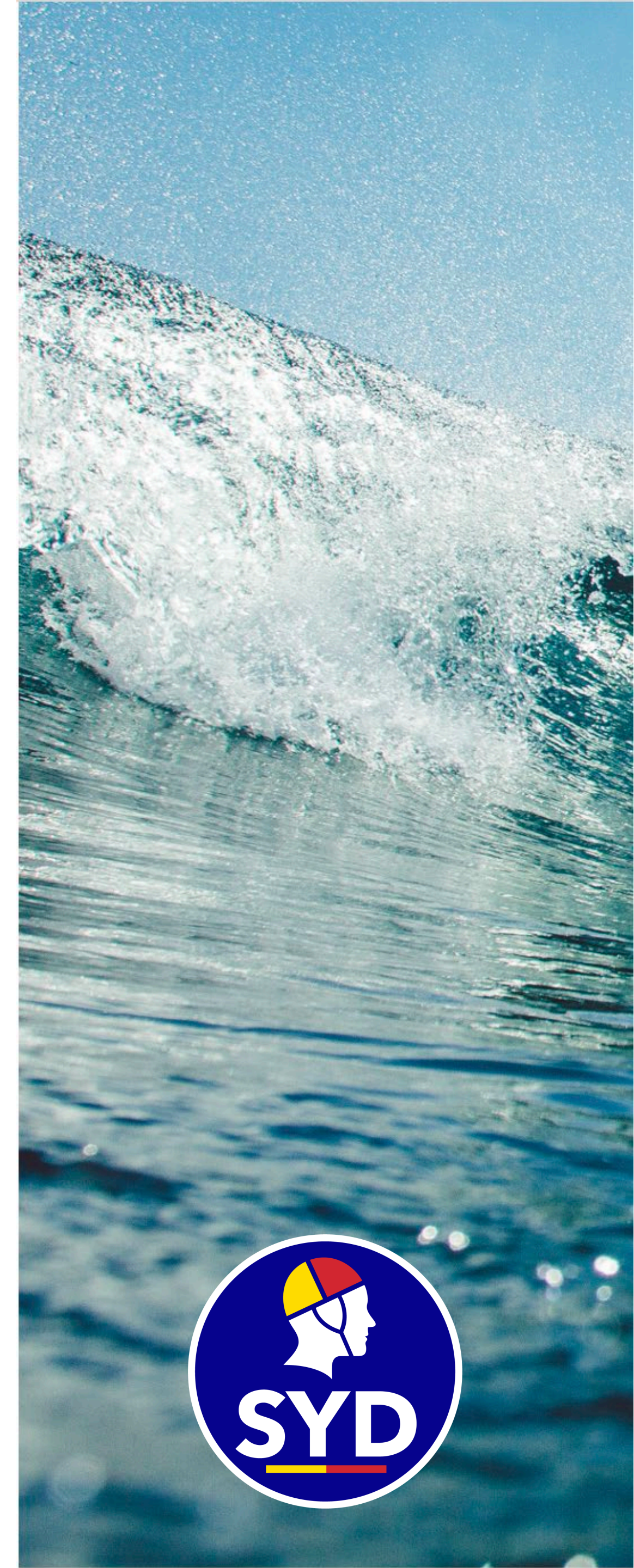
Brett Furniss
Sutherland Area Coord
sutherlandeducation@sls.sydney



Paul Cooper
RNP Area Coord
rnpeducation@sls.sydney

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Safety Overview

CULTURE OF SAFETY FIRST

- Core business
- Culture helps keep safety front of mind
- Leaders demonstrate WHS duty of care
- Safety includes:
 - physical,
 - personal, and
 - emotionally safety.
- Mandatory SLS Child Safe Awareness Training - Club and Branch Office holders
 - Includes MPIOs and Complaint handlers, Age Managers, Coaches and Officials, Patrol Captains, Trainers, Assessors and Facilitators



SLS Sydney Pre Season Information

process – coordinator of assessments - Clubs

•Assessment Coordination

- All assessments must be communicated to your Education Area Coordinator to enable allocation of assessors and visibility by Branch.
- Area Education Coordinators will be in contact to Club CTO's to prepare calendar of assessments for each area.

This applies to all award assessments including : Resus, SRC, BM, ART, IRBC & D

•Paperwork

- Reminder to Clubs to ensure candidates are provided the most up to date award resources for their training. These are available via SLS Hub.



SLS Sydney Facilitated Courses 2025-26

SMPC – SMAR – Gold Medallion

SILVER MEDALLION PATROL CAPTAIN COURSES (SMPC)

SMPC course #1- August 2025

Day	Date		Venue
Tuesday	12/08/2025	Session 1 - Theory	Branch Office
Thursday	14/08/2025	Session 2 - Theory	Branch Office
Saturday	16/08/2025	Session 3 - Practical	Randwick Beach

SMPC course #2 - September 2025

Day	Date		Venue
Tuesday	23/09/2025	Session 1 - Theory	Branch Office
Thursday	25/09/2025	Session 2 - Theory	Branch Office
Saturday	27/09/2025	Session 3 - Practical	Waverley Beach

SMPC course #3 - October 2025

Day	Date		Venue
Tuesday	28/10/2025	Session 1 - Theory	Branch Office
Thursday	30/10/2025	Session 2 - Theory	Branch Office
Saturday	1/11/2025	Session 3 - Practical	Bate Bay Beach

SMPC course #4 - November 2025

Day	Date		Venue
Tuesday	25/11/2025	Session 1 - Theory	Branch Office
Thursday	27/11/2025	Session 2 - Theory	Branch Office
Saturday	29/11/2025	Session 3 - Practical	Randwick Beach

SMPC course#5 - January 2026

Day	Date		Venue
Monday	19/01/2026	Session 1 - Theory	Branch Office
Wednesday	21/01/2026	Session 2 - Theory	Branch Office
Saturday	24/01/2026	Session 3 - Practical	Bate Bay Beach

SMPC course#6 - April 2026

Day	Date		Venue
Tuesday	14/04/2026	Session 1 - Theory	Branch Office
Thursday	16/04/2026	Session 2 - Theory	Branch Office
Saturday	18/04/2026	Session 3 - Practical	Randwick Beach

SMPC course#7 - May 2026

Day	Date		Venue
Tuesday	5/05/2026	Session 1 - Theory	Branch Office
Thursday	7/05/2026	Session 2 - Theory	Branch Office
Saturday	9/05/2026	Session 3 - Practical	Bate Bay Beach

SILVER MEDALLION AQUATIC RESCUE COURSES (SMAR)

SMAR course #1 - December 2025

Day	Date		Venue
Tuesday	9/12/2025	Session 1 - Theory	Branch Office
Thursday	11/12/2025	Session 2 - Theory	Branch Office
Saturday	13/12/2025	Session 3 - Practical	Bate Bay Beach

SMAR course #2 - March 2026

Day	Date		Venue
Tuesday	10/03/2026	Session 1 - Theory	Branch Office
Thursday	12/03/2026	Session 2 - Theory	Branch Office
Saturday	14/03/2026	Session 3 - Practical	Randwick Beach

GOLD MEDALLION ASSESSMENT December 2025 (new award and proficiency)

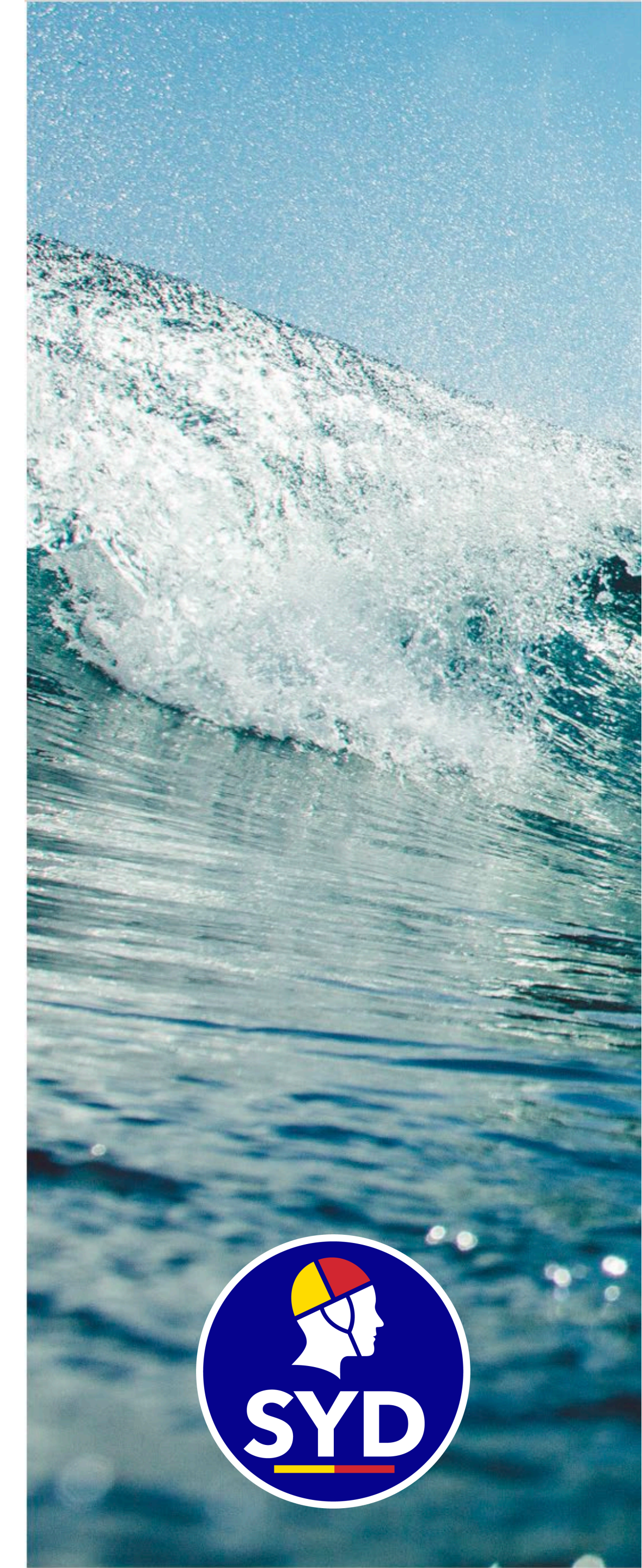
Day	Date		Venue
Saturday	6/12/2025		Bate Bay Beach

GOLD MEDALLION ASSESSMENT March 2026 (new award and proficiency)

Saturday	7/03/2026		Randwick/Waverley
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**SLSS Facilitated Course
Dates Season 2025-26**
*Branch office will issue
Circulars calling for EOIs from
Clubs prior to course*

Reminder – EOIs for the September SMPC Course closes on Monday 25 August 2025. Refer to Circular 06

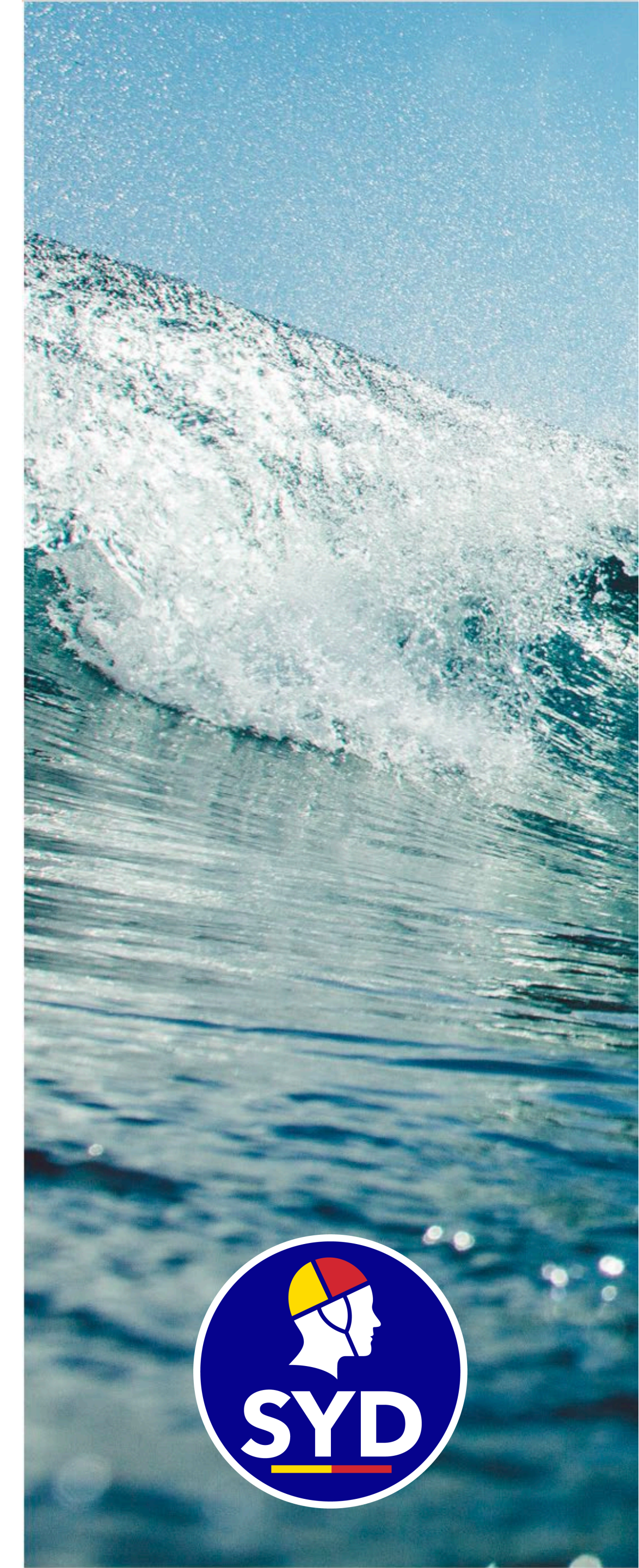


SLSNSW Member Training & Education SOPs

SLSNSW Member Training and Education
Standard Operating Procedures



https://www.surflifesaving.com.au/wp-content/uploads/sites/2/2024/08/Member-Training-and-Education-SOPs_2025-2.pdf



SLS Assessing App – What's new May 2025

SLS Assessing App – What's new May 2025

A new version of the SLS Assessing App has been released with some significant enhancements developed as a result of feedback.

What's new

Multi-session Navigation

- Can now navigate through past, present, and future sessions for multi-session events via carousel in *Member* tab.
- For single-session events, only the Event Overview and single session tab will appear.

Sign In/Sign Out of Sessions

- Can now sign in and sign out members individually or in bulk, for past and present sessions. Allows for more efficient session sign in tracking, reducing the requirement for additional paper sign in sheet.
- Compliance Report now displays details about signed out members.

Learner Grouping on Events

- A new "Hide Group Name" option in event configuration, allows event organisers to add an optional group data point to all signed-in members.
- Groups can be assigned to each enrolled member before, during, or after sign-in, as well as in bulk.
- Members can be assigned to pre-determined groups (e.g., Group A, Group B, etc).
- The assess grid can now be filtered by both session and groups, to enable assessors to assess smaller groups within an event session more efficiently.

Enrol Learners in Bulk for Events

- Quickly find members by name or previous events they have been enrolled into.
- Select single or multiple learners, check pre-requisites in real time, and enrol them all at once into the event.
- Existing eligibility checks will continue to be supported and communicated throughout the new enrolment process.
- Member enrolment search now includes member club/s, member ID and DOB to assist with accurate identification prior to enrolment.

Contact us

If you need help, please contact us:



icolusso@surflifesaving.com.au please include your event name/number.



[Book a virtual one-on-one meeting](#) for an App overview, help with event set-up, enrolments, submitting an event.



Skills Maintenance



Also refer to [SLSNSW Circular 3895](#)



Circular 3895

Released 30th July 2025

Skills Maintenance (Proficiency Check) Requirements for 2025/26 Season v1.1

Attention: Branch Presidents, Branch Directors of Lifesaving, Branch Directors of Education, Club Presidents, Club Captains and Club Chief Training Officers
Actioned by: Surf Life Saving NSW Education and Lifesaving
Date: 30th July 2025
Contact: Email: education@surflifesaving.com.au

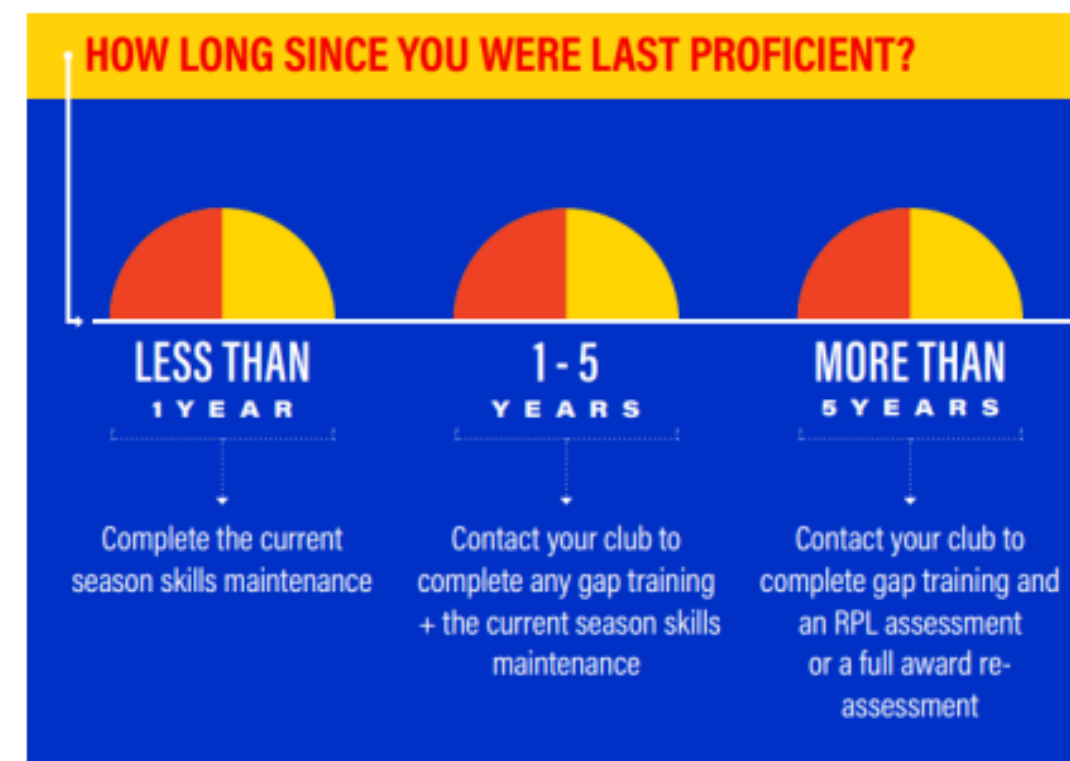
Summary	All active lifesavers are required to complete a skills maintenance (proficiency check) to demonstrate competency in the lifesaving award/s they hold and in which they wish to remain current. This circular outlines the skills maintenance requirements for the 2025/26 season.
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Introduction

The requirements in this circular detail the minimum state and national requirements for the SLS 2025/26 season as developed in consultation with the state and national Lifesaving and Education Committees. The national Lifesaving Committee previously approved a three-year cycle for skills maintenance for both the Surf Rescue Certificate and Bronze Medallion. This season, the Skills Maintenance practical will focus on the introduction of Lifesaving CPR.

Gap Analysis (Appendix 1)

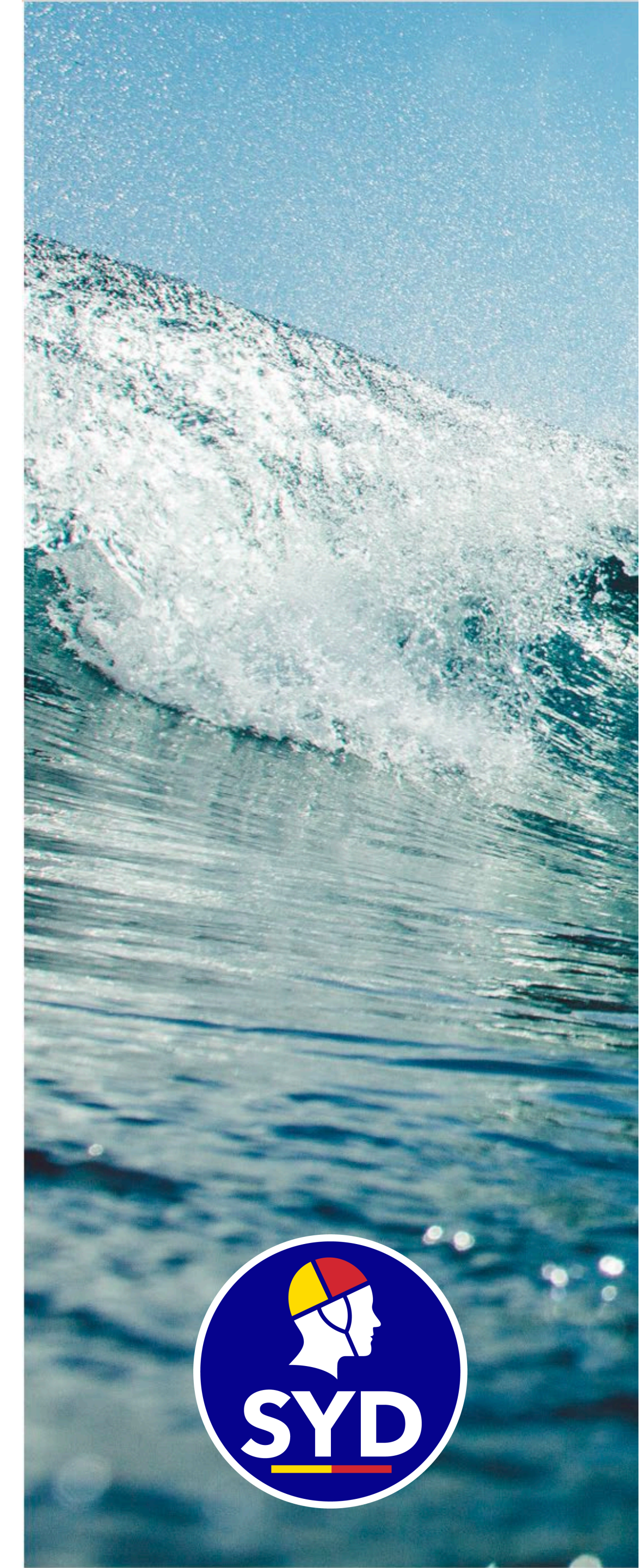
The infographic below outlines the requirements for members who have not remained proficient for more than one year. Appendix 1 indicates the changes in the various awards over the years to enable required gap training to be identified. RPL enquiries can be sent directly to the SLSNSW Training & Education Team using the [RPL Enquiry Form](#).



Changes to skills maintenance

Following a survey of Surf Lifesaving members in 2024, a national Skills Maintenance Review Group was convened to review the feedback received. As a result, updated practical components have been included for Season 2025/26 to align them more closely with operational requirements.

- To enhance efficiency and focus on essential competencies, the number of practical tasks has been reduced. This will ensure members concentrate on core skills and knowledge which is required for effective patrolling.
- The Run/swim/run task has been changed to incorporate a rescue in place of the second run leg. This more closely reflects what patrolling members might need to perform. The task allows for the use of fins during the tube rescue, as recommended in the [PSAR35](#) manual.



Pre Season Information Booklet

Has been issued by SLSNSW for season 2025/26

- Club Management
- Lifesaving
- Education
- Surf Sports
- Membership



Introduction

The Surf Life Saving NSW Pre-season Information Pack focuses on:

Changes to policies or procedures	Links to key reference material to review prior to the season
Key tasks to complete before the season starts	Key dates to be aware of

The information is divided into the following sections and aimed at:



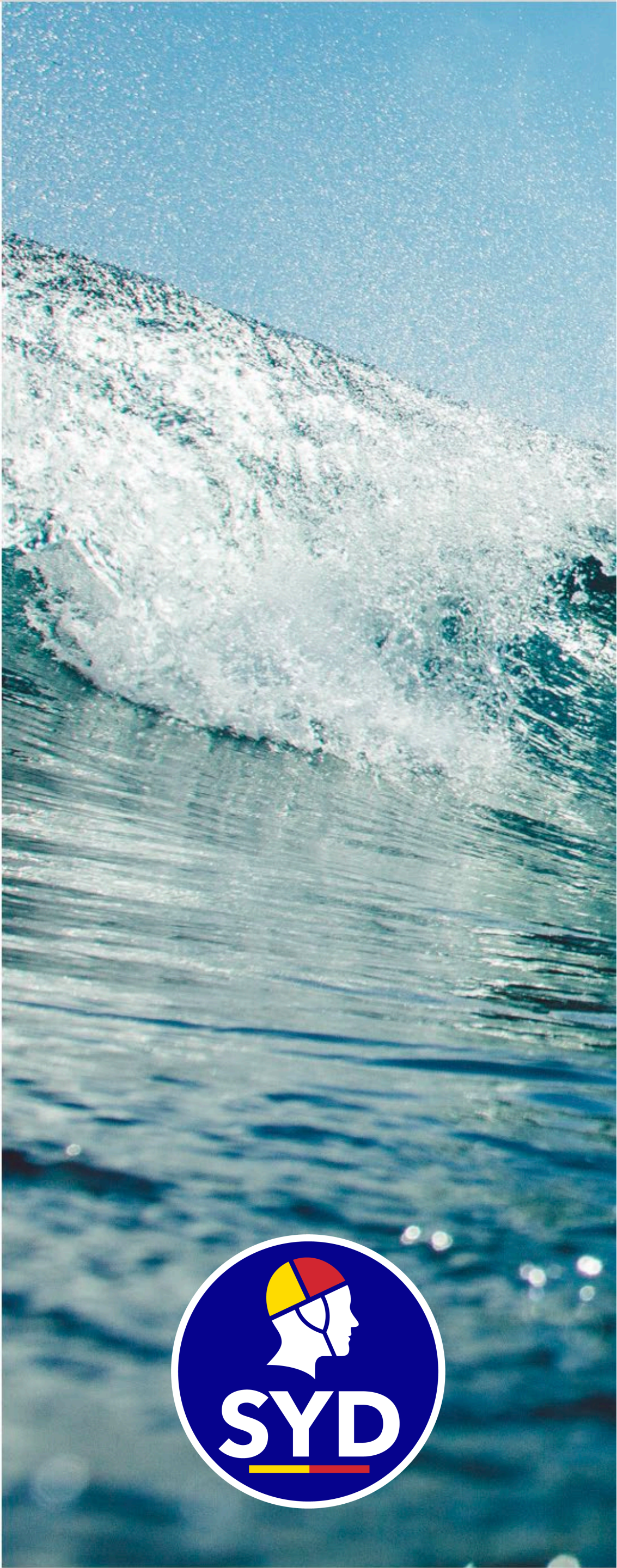
Information for all

SLS Hub
SLSA launched a new Hub in July which replaces the Members Area. Members need to reset their password before accessing the Hub and linked services (e.g. Operations app, Assessing app).


Lifesaving CPR
SLSNSW will be introducing **Lifesaving CPR** this season – an evidence-based, simplified, and standardised approach to improve survival from cardiac arrest on and off the beach. TAFs and endorsed delegates will be updated during their pre-season meetings, with the changes being integrated into skills maintenance for patrolling members. To ensure that members don't have to repeat their skills maintenance, **please ensure that your club is aware that skills maintenance for CPR should not commence prior to your club's TAFs being trained in Lifesaving CPR.** We suggest that clubs consider using the Club Lifesaving Equipment Grant (CLEG) and Beach Safety Equipment Fund (BSEF) to purchase any additional equipment required to ensure a successful roll out.

Executive Training Calendar
SLSNSW delivers a range of online sessions throughout the season designed to support members of club management teams. We recommend that all new club and branch officers attend the **Club Management Induction** in August and that all new and existing club and branch officers attend the **Optimising Board Performance** session in October. See the full suite of sessions and register via the [Club Executive Training Schedule](#).

Child Safe
With 30,000 junior members and 30% of patrolling members under the age of 18, Surf Life Saving NSW is committed to the safety and wellbeing of every child and young person who takes part in our activities, programs, events or services. All **patrolling members** aged 18 years and over, along with those in the following roles, are required to complete the **online SLS Child Safe Awareness course** if they have not previously completed it.
• Club and Branch Officers
• Patrol Captains and Vice Patrol Captains
• Junior Activity Chairs and Age Managers
• Coaches and Officials
• Trainers, Assessors and Facilitators
• MPIOs, Complaints Managers and Child Safe Coordinators
A new **Child Safe Awareness for Young People** course is being released this season for members under the age of 18. The following child safe resources are also available to support clubs to identify and manage child safe risks for SLS activities.
• A **Club Child Safe Risk Management Document** to support you to review your club's child safe practices in line with the NSW Child Safe Standards.
• A **Child Safe Activity Planning Guide** to support clubs with child safe risk management when planning for activities involving members under the age of 18. These resources are available on the [SLSNSW Child Safe webpage](#).



TAF Re-endorsement Process 2025/26

TAF Re-endorsement Process 2025/26 

1 If I have completed

All Trainers, Assessors & Facilitators

- TAF Pre-season Online Module
- Child Safe Awareness Online Course
- WWCC (if required)


2 and if I hold

Bronze Medallion TAFs	Inflatable Rescue Boat TAFs	Advanced Resuscitation Techniques TAFs
Proficient Bronze Medallion	Proficient Silver Medallion IRB Driver	Proficient ART award
PUA20119 Certificate II Public Safety (Aquatic Rescue)	Proficient IRB Crew	Current ART certificate
Current first aid certificate	Proficient Bronze Medallion	Current first aid certificate
Current CPR certificate		Current CPR certificate
Lifesaving CPR - TAF PD	Refer to your personalised TAF Re-endorsement e-mail from SLSNSW for your CPR, First Aid and ART unit of competency expiry dates	Lifesaving CPR - TAF PD

3 then I can

Complete Online TAF Re-endorsement Form

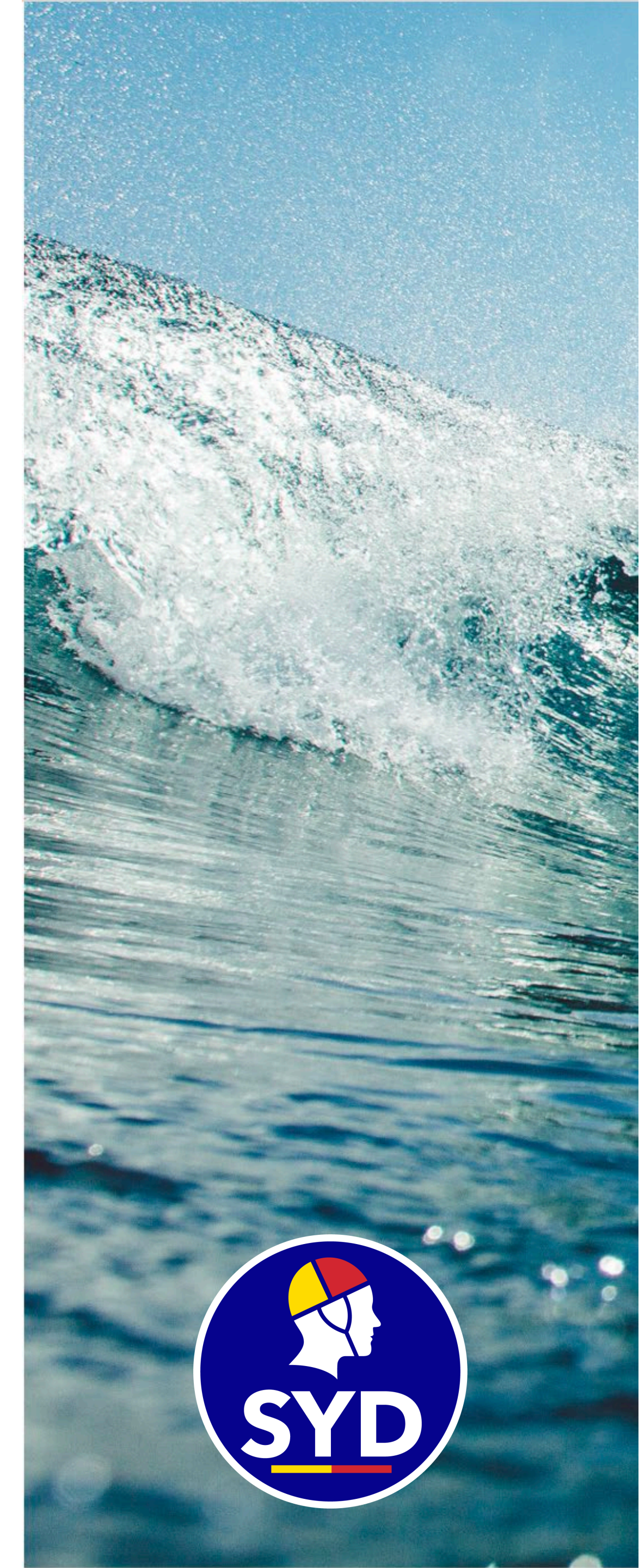
SLS Hub > More > Submit a Form
hub.sls.com.au



This document is available on SLSNSW website at the following link

<https://www.surflifesaving.com.au/wp-content/uploads/sites/2/2021/11/TAF-Re-Endorsement-Infographic.pdf>

As advised at the Education session, SLSNSW will be emailing all TAFs to advise when the re-endorsement form is available on the SLS Hub.



Changes IRB, RWC, SMPC, ART

- IRB – new course released.
- RWC – new course released
- RWC - Now can be delivered by Trainers/Assessors
- SMPC – Bridging course being rolled out (slowly)
- SMPC – Now can be delivered by Trainers/Assessors
- ART – NEW ART need to obtain HLTAID011 and HLTAID015. After that maintain skills maintenance only.

Note: ART TAF's need to renew HLTAID011 and HLTAID015 every three years



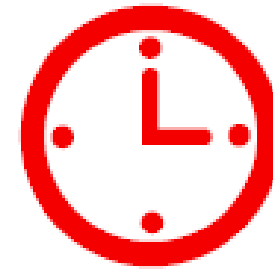
LIFESAVING CPR



Lifesaving CPR (L CPR) is an evidence-based, standardised, and simplified approach designed to improve survival rates from cardiac arrest, both on and off the beach. Based on the principles of High Performance CPR and supported by research and ANZCOR guidelines, L CPR focuses on doing the basics exceptionally well and reducing variation in practice across our organisation.

THE 6 AIMS OF LIFESAVING CPR

1 REDUCE TIME TO CPR



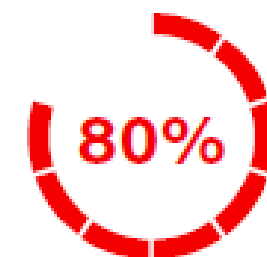
- Complete with a sense of urgency
- Primary assessment can be undertaken in less than 15 seconds for non-complex patients
- Danger and Response can be assessed simultaneously
- If normal breathing is not detected within a few seconds, start CPR - don't delay

2 IMPROVE QUALITY OF COMPRESSIONS



- Exact hand and finger position do not matter - compressions will be effective so long as they are directly over the lower half of the sternum
- A hands-off technique ensures complete chest recoil
- Compressions should be delivered at a rate of 100-120 beats per minute (bpm). Set a metronome to 110 bpm if available
- Deliver 2 breaths (1 per second) - if the breaths aren't delivered in time, do not re-attempt them, restart compressions

3 TARGET CHEST COMPRESSION FRACTION OF 80%



- Chest Compression Fraction (CCF) refers to the percentage of time spent performing compressions during CPR
- Aim for a CCF of 80%, allowing 20% of time for breath delivery and AED analysis/shocks

SCAN THE QR CODES TO WATCH THE VIDEOS



1-person Primary Assessment



1 Person CPR

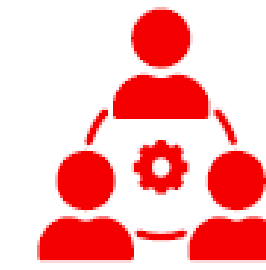


v1.0 July 2025

LIFESAVING CPR



4 A COORDINATED APPROACH TO CPR



- Use standardised operator positions to ensure a seamless approach to CPR
- Swap compression operator at least every 2 minutes (e.g. during AED analysis)
- Work around the compression operator to apply AED pads during CPR

5 EFFICIENT AND EFFECTIVE AED USE



- Position AED at the 2 o'clock position
- Hover hands over the chest during analysis in readiness to restart compressions, ensuring you are not touching the patient
- Don't wait for the AED instruction to restart CPR, it is safe to restart immediately
- Use touch (hand tap) and the verbal cue "CPR-Go" after "shock" or "no shock" command

6 BETTER INTEGRATION OF THE ART OPERATOR



- Position oxygen at the 10 o'clock position
- ART operator becomes team leader after OP insertion and the effective delivery of two breaths via BVM
- After this, the BVM can be operated by any trained CPR operator under direct supervision of the ART Operator, using the Rule of 3s:
 - » using 1 hand (3 fingers and thumb)
 - » squeezing a maximum of 1/3 of bag volume
- As team leader, the ART operator:
 - » oversees team performance, providing real-time coaching and feedback
 - » manages radio communication with SurfCom
 - » collects and documents information

SCAN THE QR CODES TO WATCH THE VIDEOS



2 Person CPR



3 Person CPR with AED



4 Person CPR



v1.0 July 2025

LIFESAVING CPR



WHY LIFESAVING CPR?

Lifesaving CPR (L CPR) is an evidence-based, standardised, and simplified approach designed to improve survival rates from cardiac arrest, both on and off the beach.

Based on the principles of High Performance CPR and supported by research and ANZCOR guidelines, L CPR focuses on doing the basics exceptionally well and reducing variation in practice across our organisation.



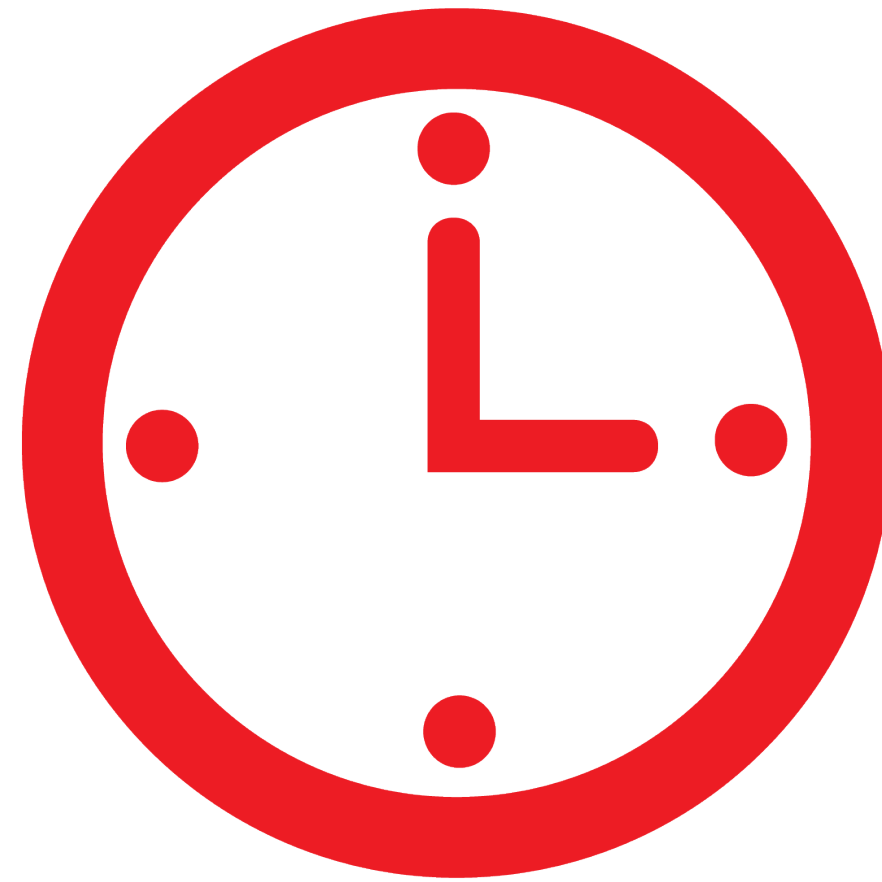
THE 6 AIMS OF LIFESAVING CPR

- 1. REDUCE TIME TO CPR**
- 2. IMPROVE QUALITY OF COMPRESSIONS**
- 3. TARGET CHEST COMPRESSION FRACTION OF 80%**
- 4. A COORDINATED APPROACH TO CPR**
- 5. EFFICIENT AND EFFECTIVE AED USE**
- 6. BETTER INTEGRATION OF THE ART OPERATOR**



1

REDUCE TIME TO CPR

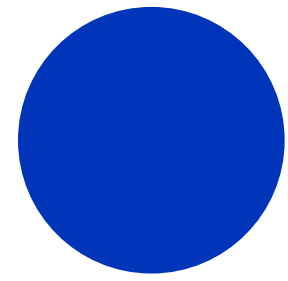


- Complete with a sense of urgency
- Primary assessment can be undertaken in less than 15 seconds for non-complex patients
- Danger and Response can be assessed simultaneously
- If normal breathing is not detected within a few seconds, start CPR – don't delay



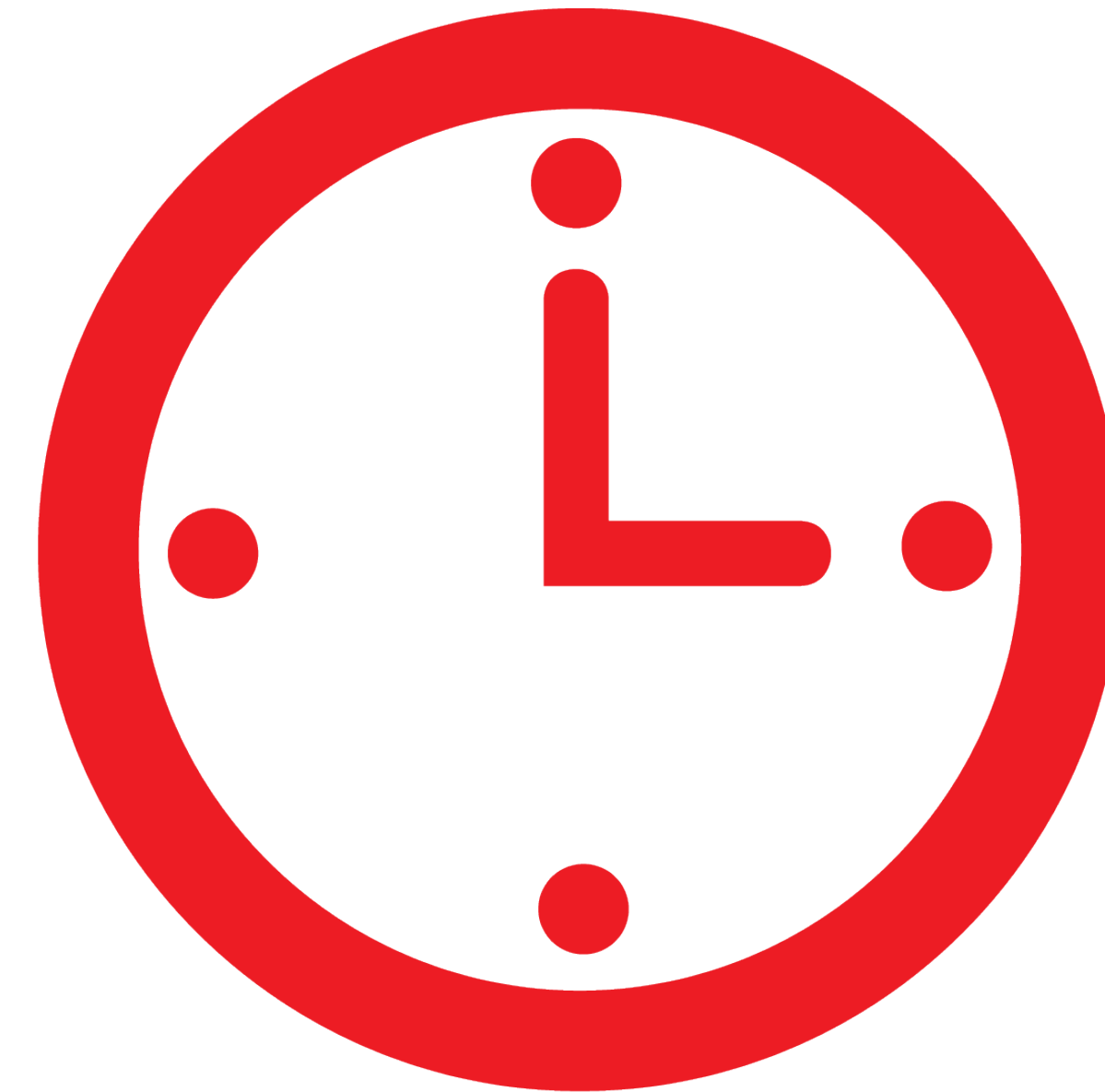


1-person Primary Assessment



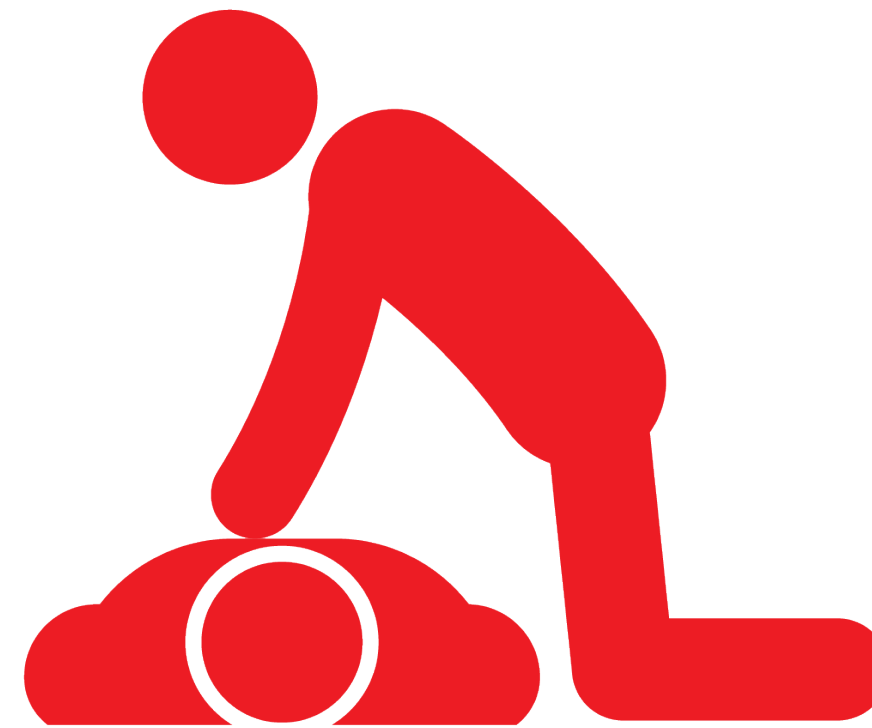
DRSAB practice

- Taking turns in pairs (1 as patient, 1 as rescuer)
- Practice DRSAB in < 15 seconds
- Time finishes when ready to start CPR



2

IMPROVE QUALITY OF COMPRESSIONS

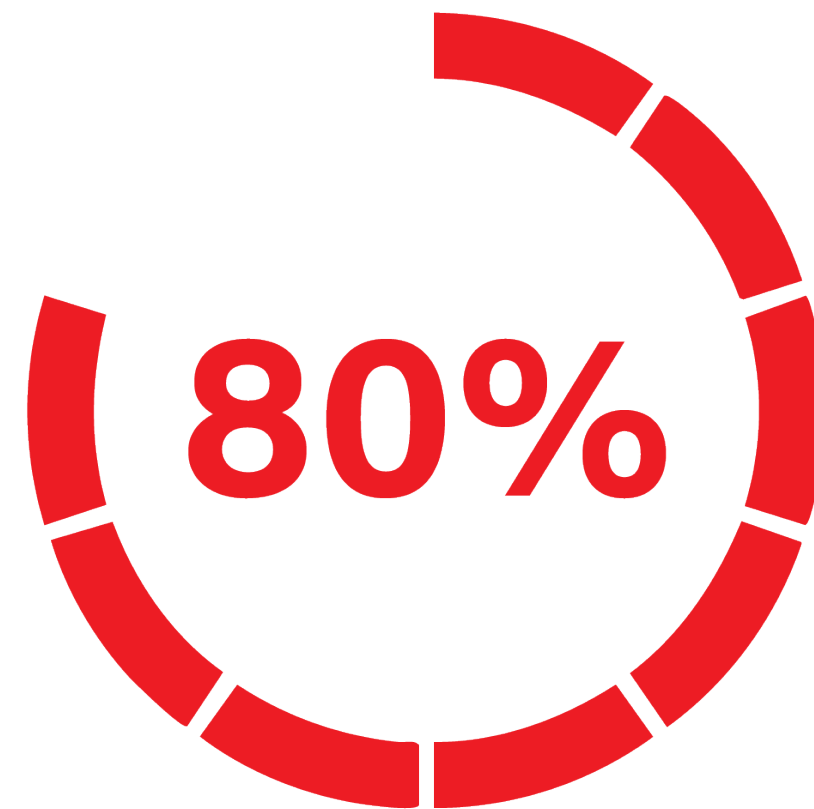


- Exact hand and finger position do not matter – compressions will be effective so long as they are directly over the lower half of the sternum
- A hands-off technique ensures complete chest recoil
- Compressions should be delivered at a rate of 100-120 beats per minute (bpm). Set a metronome to 110 bpm if available
- Deliver 2 breaths (1 breath per second). If the breaths aren't delivered in time, do not re-attempt them, restart compressions



3

TARGET CHEST COMPRESSION FRACTION OF 80%

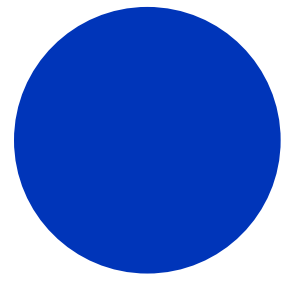


- Chest compression fraction refers to the percentage of time spent performing compressions during CPR
- Aim for a chest compression fraction of 80%, allowing 20% of time for breath delivery and AED analysis / shocks
- For every 10% increase in compression fraction (up to 80%), survival increases by over 10%





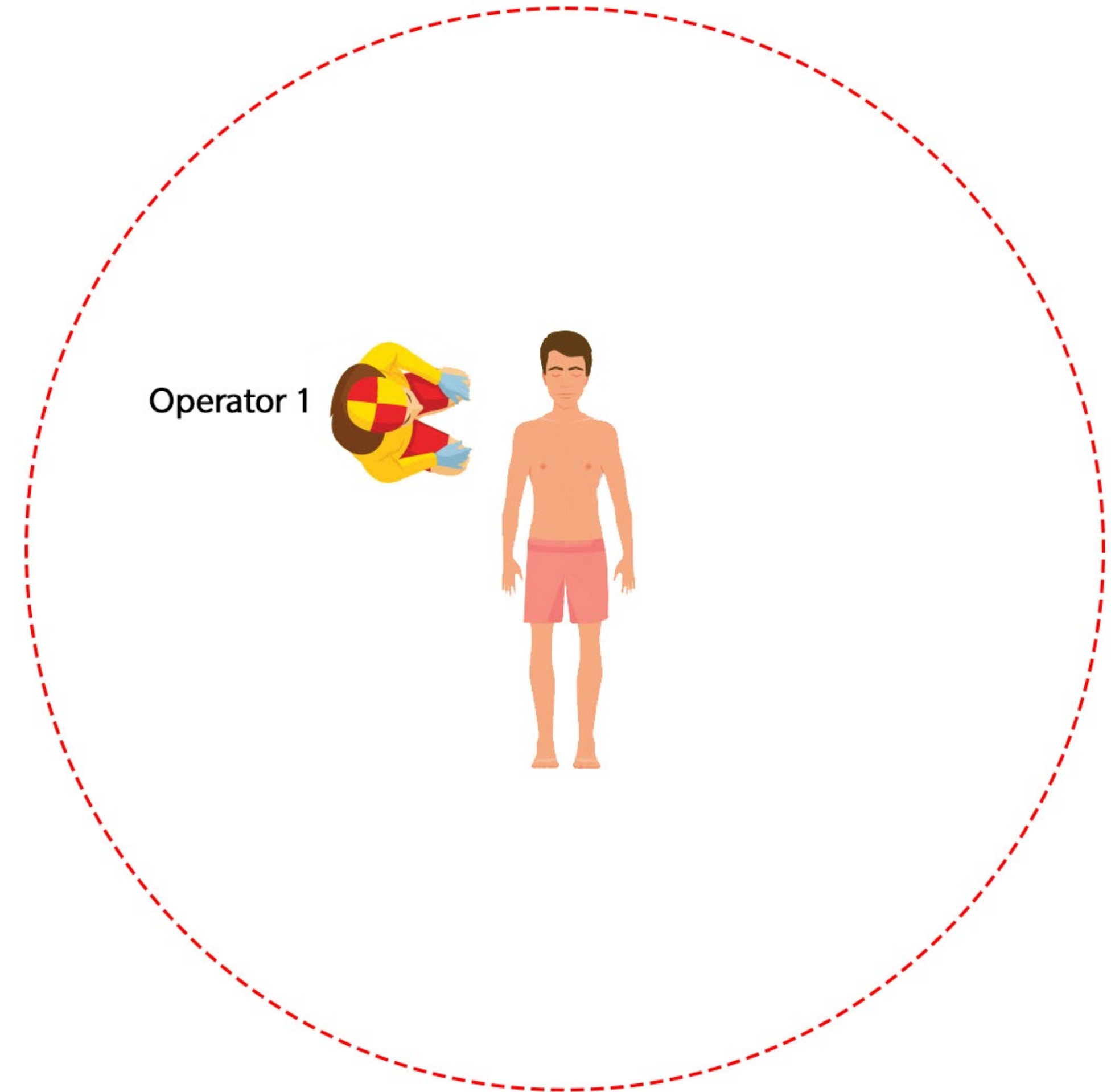
1-person CPR



CPR

1-person practice

- DRSAB has been completed, the patient is not responding and is not breathing normally:
 - Perform 2 minutes of 1-person adult CPR on a manikin
 - Use a metronome during practice



4

A COORDINATED APPROACH TO CPR

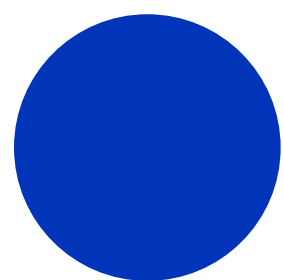


- Use standardised operator positions to ensure a seamless approach to CPR
- Swap roles at least every 2 minutes or during AED analysis
- Work around the compression operator to apply AED pads during CPR





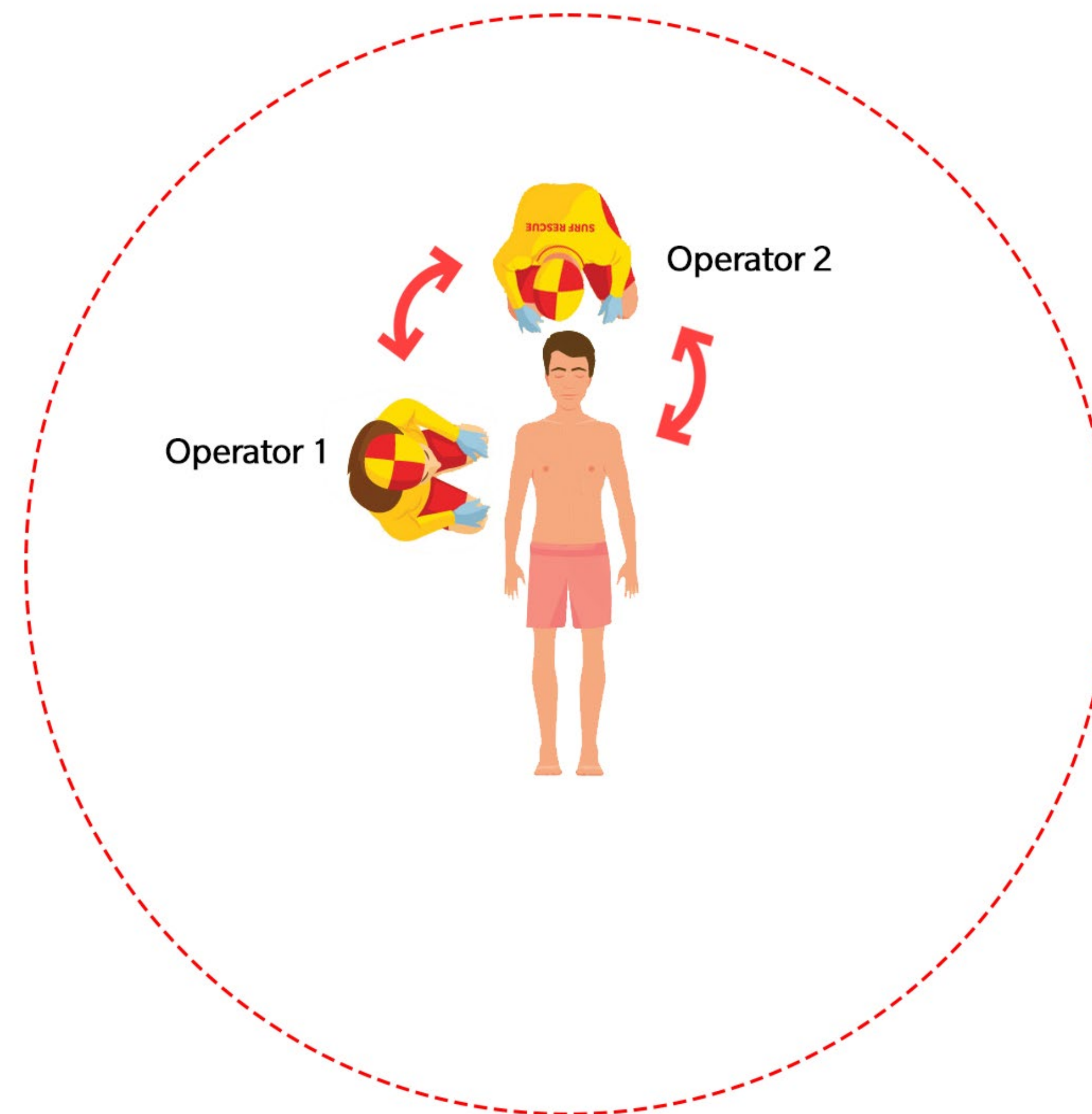
2-person CPR



DRSABC

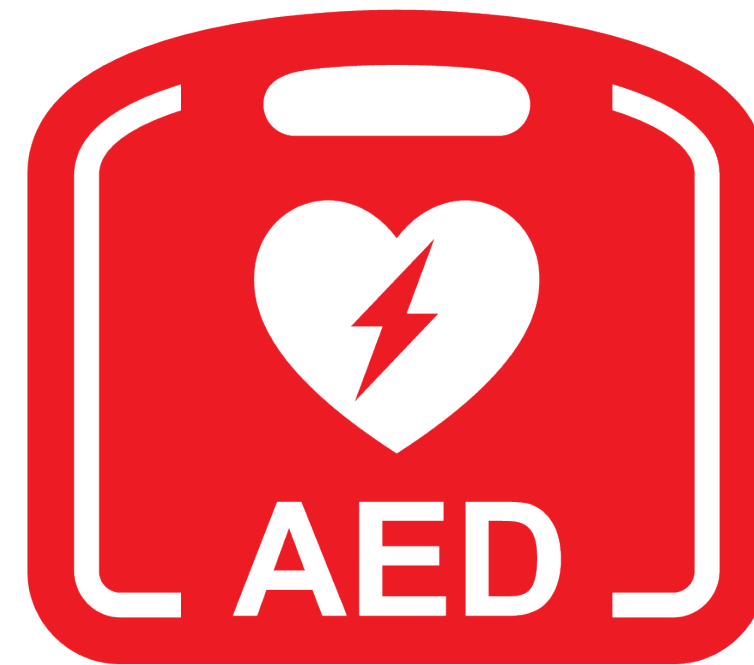
(2-person) practice

- Assess DRSABC
 - OP1 – perform D, R, S*, A and B, then start compressions at 30:2
 - * (ask Operator 2 to Send for help)
 - OP2 - send for help while OP1 assesses airway and breathing. Take over airway / jaw thrust position
 - Swap roles after 2 minutes



5

EFFICIENT AND EFFECTIVE AED USE



- Place AED at the 2 o'clock position
- Hover hands over the chest during analysis in readiness to restart compressions, ensuring you are not touching the patient
- Don't wait for the AED instruction to re-start CPR, it is safe to re-start immediately
- Use touch (hand tap) and the verbal cue "CPR-Go" after "Shock" or "No shock" command

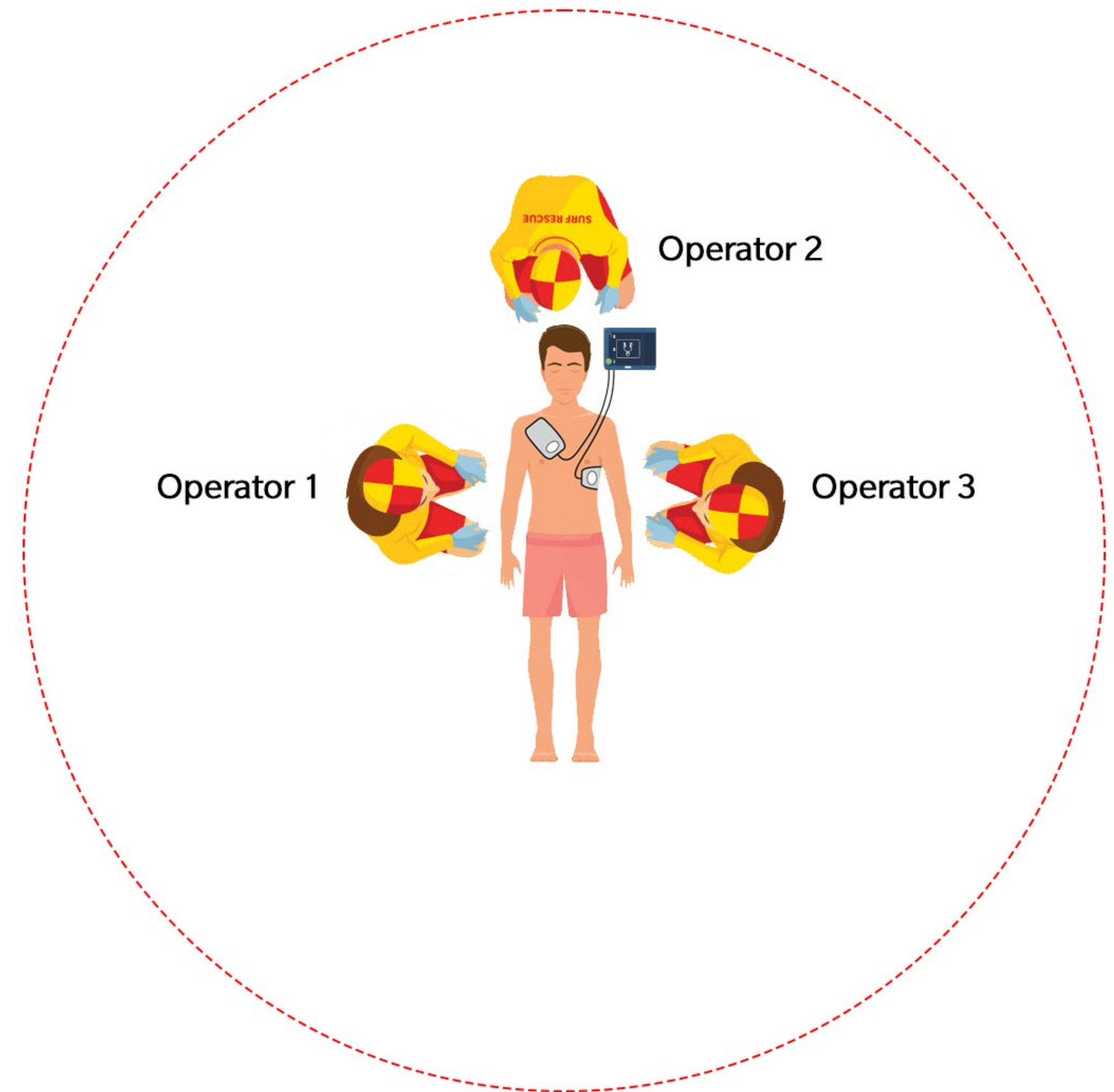




3-person CPR with AED

3-person CPR with AED review

- Operator 1 and 2 perform 2-person CPR starting with DRSABC
- Operator 3 introduces AED and places at 2 o'clock position (above patients' left shoulder)
- Operator 3 prepares patient's chest, turns on AED and applies pads.
- Once AED has been applied, Operator 3 prepares to take over compressions.
- Operator 2 is now responsible for the AED use.



6

BETTER INTEGRATION OF THE ART OPERATOR

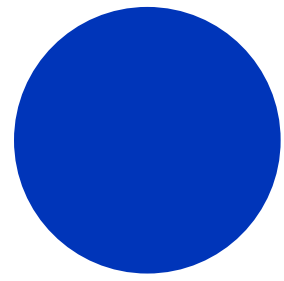


- Place oxygen at the 10 o'clock position (above patients' right shoulder)
- ART operator becomes team leader after OP insertion and the effective delivery of two breaths via BVM
- After this, the BVM can be operated by any trained CPR operator under direct supervision of the ART operator, using the Rule of 3s:
 - using 1 hand (3 fingers and thumb)
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- As team leader, the ART operator:
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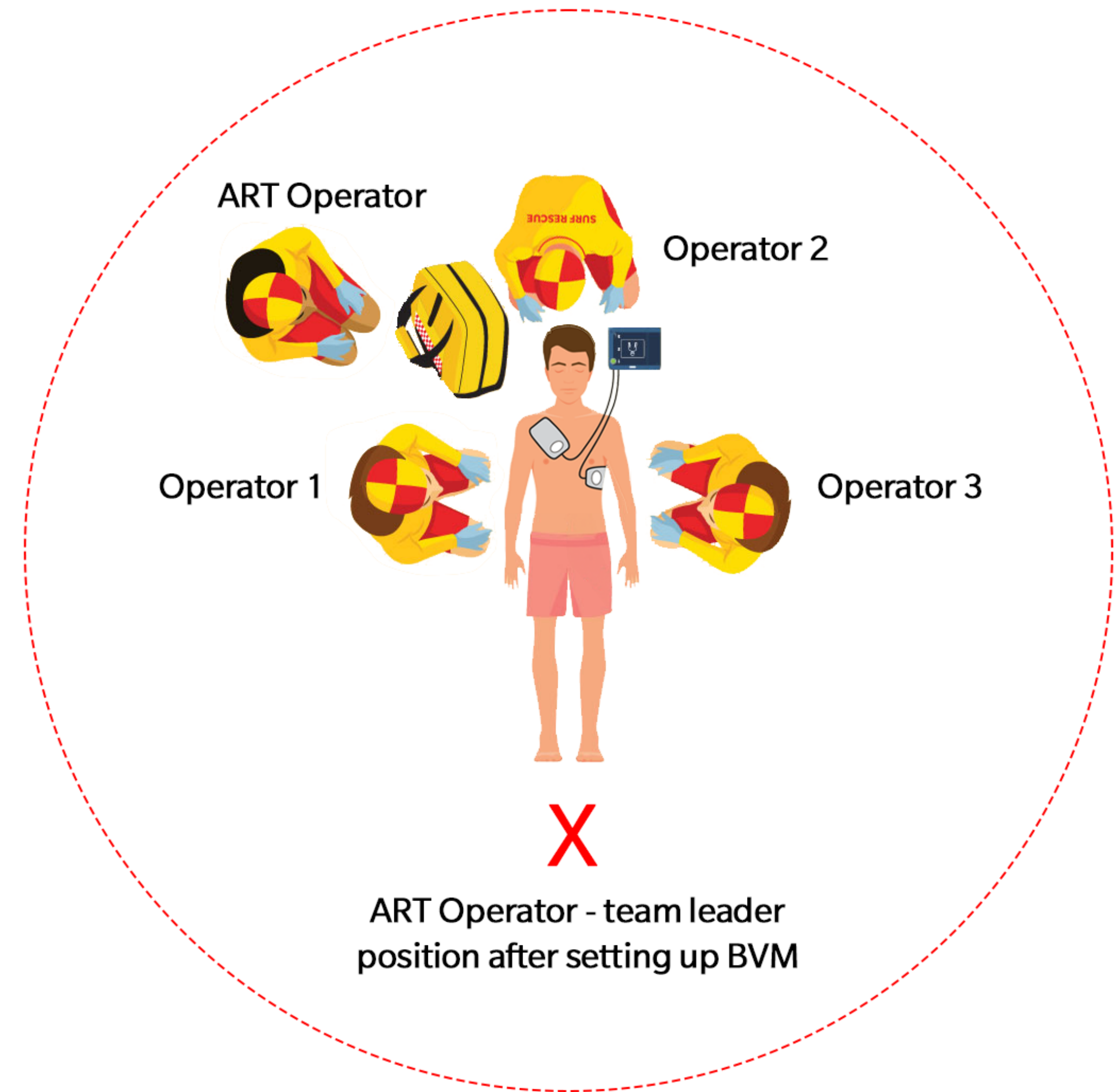


4-person CPR



CPR with BVM & AED 4-person practice

- 2 person CPR starting with DRSABC
- After 1 minute of 2 person CPR, simultaneously:
 - OP3 comes in with AED
 - OP4 comes in with BVM
- Practice 2 person BVM ventilation: one person performs jaw thrust, the other delivers breaths



QUESTIONS?

