



## ANNOUNCEMENT

<b>TO:</b>	Club Presidents, Secretaries, Captains/Lifesaving, Surf Sports, Youth & Junior Development Teams and Officials CC: SLSS BOM, SSC, Y&JDC
<b>FROM:</b>	Michele Cole, Director, Surf Sports
<b>DATE:</b>	Tuesday 2 September 2025
<b>PAGES:</b>	2
<b>NUMBER:</b>	03: 2025/26
<b>SUBJECT:</b>	Lifesaving Competition Workshop, Sunday 21 September 2025, 8am at South Maroubra SLSC
<b>OVERVIEW:</b>	Surf Life Saving Sydney is looking to build capacity of competitors and officials across the Lifesaving competition disciplines and is seeking Expression of Interests from Members who are keen to attend this workshop.

Surf Life Saving Sydney is looking to build capacity of competitors and officials across the Lifesaving competition disciplines: Champion Lifesaver, Champion Patrol, and First Aid (We are hopeful that all three will be run at Branch Championships, 31 January 2026)

We will be holding a half-day workshop, facilitated by Senior officials from Northern Beaches Branch which is a great opportunity for existing and potential competitors alike to explore the components of the different disciplines and how they are assessed. This session will be even more relevant as competition will be incorporating LCPR.

**Date:** Sunday, 21 September 2026  
**Time:** 8:00am -12:30pm  
**Location:** South Maroubra SLSC  
**Cost:** Free of Charge

**First Aid** - The first Aid competition is a team event designed to promote and to demonstrate a high standard of First Aid prowess by SLSA members.

[Surf Sports Manual 37th Edition First Aid Competition](#)

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**Champion Lifesaver** - The Champion Lifesaver event provides individual SLSA members the opportunity to demonstrate in a competitive manner the physical, lifesaving and knowledge skills required of a Lifesaver.

[Surf Sports Manual 37th Edition Champion Lifesaver](#)

**Champion Patrol** - The aim of the Champion Patrol event is to demonstrate how lifesavers work as a team in performing some or all of the skills associated with surf rescue patrol work. Team members in the Champion Patrol event must be members of the same club, but not necessarily be from the same club patrol.

[Surf Sports Manual 37th Edition Champion Patrol](#)

To assist with resourcing, if you are planning to attend please complete the [Expression of Interest link](#).

For further information or enquiries, please contact the Branch Office on 9019 0722.

Thank you.

Kind regards,

Michele Cole  
Director, Surf Sports  
**Surf Life Saving Sydney**

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