



Surf Life Saving Sydney Branch Development Camp

WHAT TO BRING TO CAMP

NO CLUB GEAR PLEASE - except Swimmers

The following list is the minimum equipment required for your camp. Please ensure you are adequately prepared.

Clothing for all activities:

You will be required to wear appropriate shoes, clothing and sun protection to be able to participate in activities. Open footwear (e.g., thongs and sandals), midriff tops, singlet tops, skirts and jewellery **are NOT appropriate** for the camp program.

Clothes

- Hat (preferably one that can get wet) - **No Hat No Play**
- T-shirts
- T-shirt or rash-shirt that can get wet
- Closed-in comfortable footwear (joggers/sneakers/hiking boots)
- Raincoat or Pool-deck jacket
- Shorts
- Shorts that can get wet e.g., board shorts
- Jumper/fleece
- Warm Clothes (for the evenings)
- Underwear and socks
- Pyjamas/sleepwear
- Old covered-in shoes that can get wet (i.e. these are your 2nd pair of shoes) or wetsuit booties.
- Swimmers
- Wetsuit and goggles if desired.
- Towel



Personal Equipment

- Toiletries (soap, toothbrush, toothpaste, bath towel etc.)
- Medicines (if needed - Please inform staff of any medication you bring to camp)
- Sunscreen & insect repellent
- Sleeping bag or sheets
- Pillow slip
- Water bottle
- Spare set of warm clothes in case you get drenched (incl. underwear, socks, jumper or jacket, long pants)
- Covered comfortable walking shoes

PLEASE DO NOT BRING:

- ANY FOOD – especially junk food and anything with nuts in it! The only exception to this is for those with special dietary needs the Youthworks cannot cater for.
- No singlet tops please (bad sun protection). T-shirts and polo shirts only.
- Valuable items such as - iPads, good clothes, electronic games, jewellery, mobile phones, money, etc.

SLSS recommends you do not bring valuable items to camp that are not necessary during your stay. SLSS and YouthWorks do not take any responsibility for the care of your property, so please ensure all clothes and personal items are labelled appropriately.