



# 2026 BRANCH CHAMPIONSHIPS | Event Guide

## Surf Sports | First Aid v1

### 1. EVENT DATES

DECEMBER 2025		
Monday 1 December	9.00am	First Aid nominations open
Wednesday 17 December	5:00pm	Last chance to submit any questions to Branch Office
JANUARY 2026		
Friday 16 January	11:00pm	First Aid Nominations close
Friday 30 January	<b>Shift 1</b> 5:00pm	<b>Championships Day 1:</b> Champion Lifesaver (Theory/Resus/ Live Patient)
Saturday 31 January	<b>Shift 1</b> 6.30am  <b>Shift 2</b> 11.30am	<b>Championships Day 2:</b> <ul style="list-style-type: none"> <li>- Soft Sand Beach Runs f</li> <li>- Champion Lifesaver (Physical Events)</li> <li>- Champion First Aid</li> <li>- R&amp;R (U10 to Opens)</li> <li>- Belts Open Championship</li> <li>- Adaptive Championships – all ages</li> <li>- Age Championships U9's &amp; U10s Beach Events</li> <li>- Surfboard Riding (U13s to Masters)</li> </ul>
FEBRUARY 2026		
Saturday 7 February	<b>Shift 1</b> 7.30am  <b>Shift 2</b> 12.00pm	<b>Championships Day 3:</b> <ul style="list-style-type: none"> <li>- Opens and Masters (including JLOTY Presentation)</li> <li>- Boats</li> <li>- March Past</li> </ul>
Sunday 8 February	<b>Shift 1</b> 7.30am  <b>Shift 2</b> 12.00pm	<b>Championships Day 4:</b> <ul style="list-style-type: none"> <li>- Age Championships U9s&amp; U10s Water</li> <li>- Age Championships U11s to U14s</li> </ul>

### 2. FIRST AID SHIFT REQUIREMENTS

Clubs will be rostered to assist with first aid on each day of the championships. Each club will need to provide five (5) team members for each shift with the appropriate qualifications listed below. There will

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be two (2) shifts per day, except for Friday night where there will be only one (1). Below are the requirements for each club.

If clubs do not provide rostered water safety as per their notified requirements, Surf Life Saving Sydney will stand down all athletes from that club from competition until such time as the required are present.

DAY 1	DAY 2	DAY 3	DAY 4
Friday - 30th Jan	Saturday - 31st Jan	Saturday - 7th Feb	Sunday - 8th Feb
Sth Maroubra	Sth Maroubra	Wanda / Elouera	Wanda / Elouera

<b>PM Area 1 - 5pm</b>	<b>AM Area 1 - 6.30am</b>	<b>AM Area 1 - 7.30am</b>	<b>AM Area 1 - 7.30am</b>
Clovelly x 2 people	Maroubra x 5	Tamarama x 3 RNP x 2	Elouera x 5
	<b>AM Area 2 - 6.30am</b>	<b>AM Area 2 - 7.30am</b>	<b>AM Area 2 - 7.30am</b>
	Sth Maroubra x 5	Wanda x 5	Nth Bondi x 5
	<b>PM Area 1 - 11.30am</b>	<b>PM Area 1 - 12pm</b>	<b>PM Area 1 - 12pm</b>
	Bondi x 5	Cronulla x 5	Coogee x 5
	<b>PM Area 2 - 11.30am</b>	<b>PM Area 2 - 12pm</b>	<b>PM Area 2 - 12pm</b>
	Bronte x 5	Nth Cronulla x 5	Wanda x 1 Nth Cronulla x 1 Cronulla x 1 Elouera x 1

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### 3. QUALIFICATIONS

Teams will be made up of the following with the relevant qualifications:

- **First Aid Team Leader** (1): - Team must have a professional team leader. Preferably a Health Professional: e.g. Paramedic, Doctor or Emergency Nurse
- **First Aid Officers** (2): - with the current First Aid and Advanced Resuscitation Technique (not just First Aid in Bronze Medallion), must have at least 3+ years Patrol experience as a first aider, and or current professional medical background, and or first aid commercial trainer. Be confident in their First Aid Skills.
- **Assistants** (2): - with the current First Aid Award. 2 years as First Aid on patrol. Advanced Resuscitation Technique is not required.

### 4. EQUIPMENT

The **host club** is to provide the following (Sth Maroubra 30/31 Jan, Elouera & Wanda 7/8 Feb) for each first aid area:

Full Patrol First Aid Kit  
Full Oxy Kit  
Pulse Oximeter  
Defib  
Spinal Board x2  
Severe Bleeding Kit  
Extra space blankets x15  
3x Esky's with ice and further available during course of the day  
2x tables-6 chairs

The **visiting club** is to provide the following:

Full Patrol First Aid Kit x 1  
Full Oxy Kit x 1  
Equipped Bum Bag per team member

**Sydney Branch** will provide the following:

Radios for each area  
Tent & First Aid Banners

#### NOTE:

1. Should a Club decide to engage a 3rd party supplier to supply their First Aid team Branch needs to approve this supplier prior: Recommendation is via SLSNSW
2. Should a Club not supply a First aid team on the day as per the required schedule, then those club members will be excluded from competition until the First Aid team is in place



## **5. SIGN ON / SIGN OFF**

Each team member will be required to sign on and off with Central Control who will advise to which area you need to attend and ensure you have all the required equipment. You will need to be in your designated area for the first event of the day for the morning shift and be required to remain until the last event has finished.

## **6. CONTINGENCY PLAN / ALTERNATE VENUE**

If the surf and/or weather conditions prevent the program being conducted as scheduled, a decision will be made by the Competition Committee as to contingency arrangements. If it is deemed that there is no contingency available, only events that are the Age and Open qualifying events will be conducted as detailed by the competition committee.

In the event the Championships are either cancelled, or the program amended, prior to the day, the event details, including water safety requirements, will be emailed to Club Presidents and Secretaries and placed on the Surf Life Saving Sydney website and Facebook page.

## **7. BEHAVIOUR / MISCONDUCT**

Any misconduct while at the Championships will not be tolerated. This includes the days leading into competition and any official social activities following the conclusion of the Championship. Offending members risk disciplinary action against both themselves, and their Clubs.

Parents or supporters, particularly those appointed as Officials, including water safety, are not allowed to assist competitors during the competition. Any breach of this policy may result in the disqualification of an athlete and/or club from the remainder of the competition and is at the discretion of the Referee.

Please refer to 38th Edition Surf Sports Manual sections 2.27 SLSA Code of Behaviour and 2.28 Abuse/Inappropriate Behaviour and the Policy 6.05 – Member Protection Policy (available online at Members Area > Library > Governance > Policy > SLSA > Policy 6.05).

**For any questions related to the Surf Life Saving Sydney Branch Championships, please submit by 5:00pm on Wednesday 17 December 2025.**

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